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SIMPSON GUMPERTZ & HEGER

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agenda

- Thermal Bridges Overview
- Industry Codes, Standards, and Guidelines
- Case Studies: Calculation Methods and Results
- MA Stretch Energy Code and PHIUS
- Conclusions

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THERMAL Bridges



Definition

Part of the building envelope where otherwise uniform thermal resistance is changed due to:

Full or partial **penetration** of the insulating layers by materials with lower thermal conductivities;

Change in thickness of the insulating layers;

Difference between **interior and exterior areas** of the envelope (e.g., at wall/floor/ceiling junctions).

* As defined in Building Envelope Thermal Bridging Guide v. 1.6, 2021





Thermal Bridges

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Why do we care?

- Different requirements by location/jurisdiction
 - Reporting and/or accounting for in the energy code compliance path

Energy Performance

- Effective R-value reduction (heat loss increases with additional insulation
- Excess heat flow = wasted energy and expense

Occupant Thermal Comfort

• Cold interior surfaces, drafts

Building Durability

• Condensation, mold, indoor air quality

Thermal Bridges





Clear Field Transmittance (U_0)

Heat flow from the enclosure assembly including the effects of **uniformly distributed** thermal bridging components that are **not practical** to account for on an **individual** basis.

Heat flow per **area**

Examples:

- Brick ties, z-girts
- Exterior wall structural framing
- Structural cladding attachments



Linear Transmittance (Ψ)

Heat flow caused by details that are **linear**, can be defined by a **length along a plane** of the building envelope. Typically occur at **interfaces**.

Heat flow per length

Examples:

- Slab edges
- Corners
- Parapets
- Transitions between assemblies



Point Transmittance (χ)

Heat flow caused by discrete thermal bridges that occur only at **single**, **infrequent** locations. **Feasible** to account for on an **individual** basis.

Heat flow divided by temperature difference

Examples:

Structural penetrations

Linear and Point Thermal Transmittance Method

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-

Ψ



Assembly



Overall thermal performance



1.

2.

3.

Slab Lengths

Wall to Window Transition Lengths



 $U_T = \frac{\sum (\Psi * L) + \sum (\chi)}{A_{Total}} + U_0$

Where:

U_T =

U. =

Ψ=

L =

χ=

- total effective assembly thermal transmittance (Btu/hr·ft^{2,o}F or W/m²K)
- clear field thermal transmittance (Btu/hr·ft^{2,o}F or W/m²K)
- the total opaque wall area (ft² or m²) A_{total} =
 - heat flow from linear thermal bridge (Btu/hr·ft °F or W/mK)
 - length of linear thermal bridge, i.e. slab width (ft or m)
 - heat flow from point thermal bridge (Btu/hr °F or W/K)

Building Envelope Thermal Bridging Guide v. 1.6, 2021



Code requirements, standards, & references Requirements for thermal Bridges



In Effect

- United States
 - 2023 MA Stretch Energy Code
 - 2020 NYC Energy Conservation Code
 - 2017 DC Energy Conservation Code
 - 2018 Seattle Energy Code
- Canada
 - Toronto Green Standard Versions 3 & 4
 - Vancouver Energy Modeling Guidelines
- Standards
 - PHIUS CORE
 - ANSI/ASHRAE/IES Addendum AV to ANSI/ASHRAE/IES Standard 90.1-2019
 - ANSI/ASHRAE/IES Standard 90.1-2022

Proposed and/or Upcoming

- United States
 - Wisconsin Dept. of Safety and Prof. Services (SPS), Ch. 363
- Standards
 - ANSI/ASHRAE/IES Standard 90.1-2022
 - IECC 2024
 - ASHRAE 227P

Summary of methodologies



Default Values & Manual Calculation Methods

- 2023 MA Stretch Energy Code
- 2020 NYC Energy Conservation Code
- 2017 DC Energy Conservation Code
- ANSI/ASHRAE/IES Standard 90.1-2022

Thermal Bridge Catalogues

- ASHRAE RP-1365
- Building Envelope Thermal Bridging Guide
- ISO 14683

Numerical Calculation Guides

- ISO 10211
- CSA Z5010:21

Default values



Typically based on Results Provided in Thermal Bridge			ASHRAE 90.1-2022 (Unmitigated / Default)					
Catalogues! Thermal Bridge	2020 NYCECC	2023 MA Stretch	Steel-framed and metal buildings	Mass (exterior or integral)	Mass (interior)	Wood-framed and Other		
Balcony to Exterior Vertical Wall Intersection	0.50	1.00	0.487/0.177	0.476/0.179	0.476/0.286			
Intermediate Floor to Exterior Vertical Wall Intersection	0.44	0.60	0.487/0.177	0.476/0.179	0.476/0.286	0.336/0.049		
Fenestration to Exterior Vertical Wall Intersection	0.32	0.32	0.262/0.112	0.188/0.131	0.313/0.083	0.150/0.099		
Parapet (Vertical Wall to Roof Intersection)	0.42	0.60	0.289/0.151	0.238/0.125	0.511/0.227	0.032/0.032		
Brick Shelf Angle / Cladding Support	0.41	0.35	0.314/0.217	0.270/0.186	0.270/0.186	0.186/0.043		
Interior Vertical Wall to Exterior Vertical Wall Intersection		0.50						
Vertical Wall to Grade Intersection		0.52						
Vertical Wall Plane Transition (Building Corners and Other Changes in Vertical Wall Plane)		0.25						
Roof Edge			0.450/0.140	0.500/0.100	0.500/0.100	0.450/0.140		

Thermal Bridge Catalogues



Thermal Performance of Building Envelope Details for Mid-Rise and High-Rise Buildings (1365-RP)

Detail 06 Exterior Insulated 3 5/8" x 1 5/8" Steel Stud (16" o.c.) Wall Assembly with Horizontal Z-Girts (24" o.c.) Supporting Metal Cladding – Slab Intersection



ID	Component	Thickness Inches (mm)	Conductivity Btu·in / ft ² ·hr·°F (W/m K)	Nominal Resistance hr·ft ^{2,°} F/Btu (m ² K/W)	Density lb/ft ³ (kg/m ³)	Specific Heat Btu/Ib·°F (J/kg K)
1	Interior Film (right side) ¹	-	-	R-0.6 (0.11 RSI) to R-0.9 (0.16 RSI)		-
2	Gypsum Board	1/2" (13)	1.1 (0.16)	R-0.5 (0.08 RSI)	50 (800)	0.26 (1090)
3	Air in Stud Cavity	3 5/8" (92)	-	R-0.9 (0.16 RSI)	0.075 (1.2)	0.24 (1000)
4	3 5/8" x 1 5/8" Steel Studs with Top and Bottom Tracks	18 gauge	430 (62)	-	489 (7830)	0.12 (500)
5	Exterior Sheathing	1/2" (13)	1.1 (0.16)	R-0.5 (0.08 RSI)	50 (800)	0.26 (1090)
6	Exterior Insulation	Varies	-	R-5 to R-25 (0.88 to 4.4 RSI)	1.8 (28)	0.29 (1220)
7	Horizontal Z-Girts w/ 1 1/2" Flange	18 gauge	430 (62)	-	489 (7830)	0.12 (500)
8	Concrete Slab	8" (203)	1.8	-	140 (2250)	0.20 (850)
9	Metal cladding with 1/2"	(13mm) vented ai	r space is incorpor	ated into exterior heat trans	fer coefficient	
10	Exterior Film (left side) ¹	-	-	R-0.2 (0.03 RSI) to R-0.7 (0.12 RSI)	-	-
' Va	lue selected from table 1, p. 26.1 of 20	09 ASHRAE Hand	dbook – Fundamer	ntals depending on surface	orientation	



Example Detail Sheet ASHRAE RP-1365

E8

Example Simulation Results Data Sheet ASHRAE RP-1365

Default Values of Linear Thermal Transmittance ISO 14683

Numerical Calculation Guides



Markups over screenshot of thermal model identifying model inputs and parameters



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Example calculation provided with PHIUS Psi-Value Calculator & Report

PHIUS/PHI As a Code compliance path



United States

 2023 MA Stretch Energy Code (alternative path for residential and commercial), and Municipal Opt-In Specialized Code (mandatory for large multifamily)

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- 2022 Denver & Boulder (alternative path for residential and commercial)
- 2020 NYStretch (alternative path for 1 and 2 family dwellings)
- 2018 WA (alternative path for single family residential)



Case Studies | Details



(a) Floor slab edge relieving angle

(b) Balcony slab penetration

Case Studies | Methodologies

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Default Values & Manual Calculation Methods • 2023 MA – Ψ per Table C402.6

Table C402.7.3.1 Linear Thermal Bridge Prescriptive PSI values.

Type of Linear Thermal Bridge	PSI-value (Btu/hr - ft – F)
Balcony to exterior vertical wall intersection	1.00
Intermediate floor to exterior vertical wall intersection	0.60
Interior vertical wall to exterior vertical wall intersection	0.50
Fenestration to exterior vertical wall intersection	0.32
Parapet (vertical wall to roof intersection)	0.60
Brick shelf angle	0.35
Vertical wall to grade intersection	0.52
Vertical wall plane transition (building corners and other changes in vertical wall plane)	0.25

• ASHRAE 90.1-2022- per Table A10.1

Table A10.1 Thermal Bridging Psi-Factors and Chi-Factors for Thermal Bridges

			Unmit	igated	Defa	ult
Class of Construction— Wall, above Grade	Thermal Bridge Type	Section	Psi-Factor, Btu/(h·ft·°F)	Chi-Factor, Btu/(h·°F)	Psi-Factor, Btu/(h·ft·°F)	Chi-Factor, Btu/(h·°F)
Steel framed and	Roof edge	5.5.5.1.1	0.450	N/A	0.140	N/A
metal buildings	Parapet	5.5.5.1.2	0.289		0.151	
	Intermediate floor to wall intersection	5.5.5.2.1	0.487		0.177	
	Intermediate floor balcony or overhang to opaque wall intersection	5.5.5.2.2	0.487		0.177 ┥	
	Intermediate floor balcony in contact with vertical fenestration	5.5.5.2.2	0.974		0.177	
	Cladding support	5.5.5.3	0.314		0.217	
	Wall to vertical fenestration intersection	5.5.5.4	0.262		0.112	
	Other element and assembly intersections	5.5.5.5	N/A	1.73	N/A	0.91

Case Studies | Methodologies



Default Values & Manual Calculation Methods • 2020 NYCECC – Ψ per Table C402.6

TABLE C402.6 AVERAGE THERMAL TRANSMITTANCE FOR UNMITIGATED LINEAR THERMAL BRIDGES

TYPE OF THERMAL BRIDGE	Ψ-value ^a [Btu/hr • ft • F]
Balcony	0.50
Floor Slab	0.44
Fenestration Perimeter Transition ^b	0.32
Parapet	0.42
Shelf Angle	0.41

 Psi-values are derived from the BC Hydro Building Envelope Thermal Bridging Guide Version 1.2 -September 2018, and are based on poor performing details.

Fenestration Perimeter Transition is the thermal bridge between any fenestration frame and the typical wall, roof or floor assembly it abuts or is mounted within.

2017 DCECC – Calculated per Section 5.4.1.1 Option B – Simplified Approach

Option B - Simplified Approach:

- Find the lowest Default Linear Anomaly for Vertical Assembly applicable to the proposed design. Use this value to include in Equation 5.4.1.1.
- Determine the Default Cladding Attachment Coefficient for the proposed design.
- Use Equation 5.4.1.1 to determine U-value_{(Overall} including Thermal Bridges) for vertical walls.
- Use the calculated U-value_(Overall including Thermal Bridges) for compliance with prescriptive U-value compliance per Table 5.5, Trade off method Section 5.6 (via COMCheck), or the proposed energy model via Appendix G.
- Calculations and assumptions shall be presented to the authority having jurisdiction.

Wall Anomaly Coefficient (Wac), per Table 5.4.1.1(2) Cladding Attachment Coefficient (Cac), per Table 5.4.1.1(1)



Default Values & Manual Calculation Methods

Source	(a) Floor slab edge relieving angle	(b) Balcony slab penetration
2023 MA Stretch	0.350	1.000
2020 NYCECC	0.410	0.500
2017 DC	0.228	0.056
ASHRAE 90.1-2022	0.217	0.177

Case Studies | Methodologies



Thermal Bridge Catalogues







ISO 14683 – Case B1, external dimensions

Thermal Bridge Configuration

Cladding Type/ Attachment

Backup Construction Balcony slab projecting through continuous R-15 exterior cavity insulation

Brick masonry veneer with metal brick ties

CMU with 1-5/8 in. steel furring (uninsulated)

Metal Panel with horizontal z-girts

4 in. nominal cold-formed metal framing with R-12 batt insulation within the stud cavity

Balcony slab projecting through continuous R-15 exterior cavity insulation

Slab edge projection through a wall assemb with continuous exterior wall insulation abov and below the slab edge

Case Studies | Methodologies



Numerical Calculation Methods



Case Studies | Summary of results





Case Studies | Summary of results







Case Studies



Key Takeaways

- **Detail similarity** Differences in results of the selected case studies are primarily due to the project-specific assembly and catalogue geometry. Cladding type and attachment and backup construction can significantly impact results.
- **Relative Impact** The thermal transmittance (Ψ or χ factor) generally correlate with the overall assembly thermal transmittance (U-factor), but the effect is diluted or magnified by the quantity of a given thermal bridge condition that actually occurs on a building-wide scale (i.e., length or number in relation to envelope area).



2023 MA Stretch Energy Code – Derating and Thermal Bridges

Other Required Derating

Continuous Insulation for Vertical Walls

• Prescriptive Derating $R_{derated} = R_o \times \frac{Derating}{Pactor}$

Where

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Derating Factor
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 $= \begin{cases} 0.7, & \text{if brick veneer} \\ 0.74 - 0.021 \times R_o, & \text{if } R_o \le R - 15 \\ 0.55 - 0.007 \times R_o, & \text{if } R_o > R - 15 \\ 0.8, & \text{if qualifying thermal break} \end{cases}$

- Reference Derating
- Modelled Derating

$$U_{derated} = \frac{\Psi * Length}{A_{total}} + U_o$$

Lincor Thormal Dridges

where $\boldsymbol{\Psi}$ is determined from

- Prescriptive Derating
- Reference Derating
- Modelled Derating

Thermal Resistance of Spandrel Sections

R-value is determined from

- Prescriptive R-value
- Reference R-value
- Modelled R-value



2023 MA Stretch Energy Code – Derating and Thermal Bridges

Thermal Bridges Influence Building Envelope Compliance

Use derated values when showing compliance with

- **Prescriptive Compliance** maximum U-factors for envelope assemblies and components
- **Component Performance Alternative** above grade vertical wall and fenestration areas

Area – weighted U proposed = $\begin{cases} \leq 0.1285, & \text{if } \leq 50\% \text{ glazed wall system} \\ \leq 0.1600, & \text{if } > 50\% \text{ glazed wall system} \end{cases}$

and vision glass used in the *glazed wall system* shall have a maximum whole assembly U factor of U-0.25

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2023 MA Stretch Energy Code – NON-PHIUS Project

Component Performance Alternative

ENCLOSURE THERMAL BRIDGE IDENTIFICATION



% Improvement over code

2%

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PHIUS – Thermal Bridges in WUFI Passive

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🕼 WUFI® Passive V.3.3.0.2 I:\BO2\Projects\2023\230826.00-1240\CALCULATIONS\WUFI Passive Model_TO SUBMIT TO PHIUS\Submitted 2023-08-05\1240 SFR_RESIDENTIAL_2023-08-04.mwp

File Input Options Database Help

Scope Passive house verification

Project	
🗄 📲 Cases	
Case 1: Residential	
Localization/Climate: BOSTON LOGAN INT	ARPT MA
🗄 🖞 📥 Building	
🚊 🚠 PH case: Passive house: Residential	
≟ 🔂 Zone 1: Residential	
🗄 🚠 Visualized components	
Thermal bridges	_
Ventilation/Rooms	
Attached zones	
Attached zone 1: Retail	
Uisualized components	
Not visualized components	
Attached zone 2: Garage	
Visualized components	
Immed Components	
Remaining elements	
🗄 🟦 System 1 (User defined): All Heating wit	VRF and DCU Cooling

Nr	Name	Linear thermal transmittance [Btu/hr ft °F]	Length [ft]	Attachment	
1	Horz - Foundation Wall at Mat Slab	0.25	418	Basement floor 🛛 🖂	🗋 New
2	Horz - Level 1 Perimeter at Grade (Res)	0.25	332	Perimeter 🖂	👗 Delete
3	Horz - Slab Edge (Podium-to-Unitized)	0.3	852	Ambient 🖂	🖹 Сору
4	Horz - Intermediate Floor Slab (Podium)	0.3	418	Ambient 🖂	🖺 Insert
5	Horz - Intermediate Floor Slab (Unitized)	0.25	14488	Ambient 🖂	New/Insert:
6	Horz - Parapet & Wall-to-Roof (Unitized)	0.3	991	Ambient 🖂	after
7	Horz - Parapet & Wall-to-Roof (Penthouse)	0.3	148	Ambient 🖂	
8	Vert - Outside Corner (Unitized)	0.2	1923	Ambient 🖂	
9	Vert - Outside Corner (stick built)	0.2	103	Ambient 🖂	
10	Vert - Inside Corner (Unitized)	0.2	1167	Ambient 🖂	
11	Vert - Penthouse wall to Unitized	0.2	43	Ambient 🖂	
12	Vert - Int to Ext Wall Intersection (stick built -	0.25	82	Ambient 🖂	

English/IP/Outer dimensions/Phius CORE 2021 Assign data Project/Cases/Case 1: Residential/Building/PH case: Pa

Manual entry of transmittance (BTU/hr-ft-F) and Length (ft)





PHIUS/PHI as a code compliance path



Massachusetts

Stretch Energy Code

- Alternate compliance path
 - Commercial Certified Performance Standard Compliance
 - Residential Passive House Building Certification Option

Municipal Opt-In Specialized Code

- R-use buildings (or portions of mixed-use buildings) over 12,000 sf
 - ≤5 stories Passive House required from January 1, 2023
 - 6+ stories Passive House required from January 1, 2024

Comparing Thermal bridge requirements

2023 MA Stretch Energy Code

- Compliance based on effective envelope performance values
- Limitations
 - Vertical envelope assemblies only
 - Not all thermal bridges included

PHIUS

- Thermal bridges area evaluated based on
 - Impact on building energy consumption
 - Comfort and condensation risk criteria
- Interaction between envelope, mechanical systems, and project environment

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Conclusions



Considering Thermal Bridges for Project Performance

- Methodology Selection & Accuracy
 - Precalculated values are not clearly more conservative compared to project specific calculations.
 - Selecting the appropriate method mostly depends on jurisdiction, certifications, and owner/project requirements. Consider accuracy of catalogue vs. project specific detail and length/repetition for impact to thermal transmittance
- Impact to project For buildings with repetitive thermal bridges, the difference in the accounting method and its results can have a significant compounded effect on predicted thermal transmittance.



Design Professionals Navigating Requirements

- Designer's Dilemma Representative details are often not available in catalogues. Calculations take time and resources – both should be focused on details that are most impactful to the project, beyond what is required by code.
- **Code Landscape** Knowledge and experience required for multiple methods, guidance for selecting code compliance path across project types.



Designers continue to face the question – "Is modeling required?"

- Reliant on engineering judgment to interpret and correctly select from available resources.
- Even atypical conditions should be reviewed for their condensation potential and potential impact to occupant comfort.

Standardize Thermal Bridging Methodology

- Nationalized standard for reporting, analyzing, and accounting for thermal bridges, and standardized calculation method.
- ASHRAE 90.1 requiring accounting for thermal bridging forces jurisdictions who adopt ASHRAE to require it.

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Contributors (Simpson Gumpertz & Heger)

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Questions?

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